AR-7 SURVIVAL RIFLE



DO EVERYTHING MANUAL ASSEMBLY DISASSEMBLY LUBRICATION AMMUNITION MAINTENANCE STORAGE

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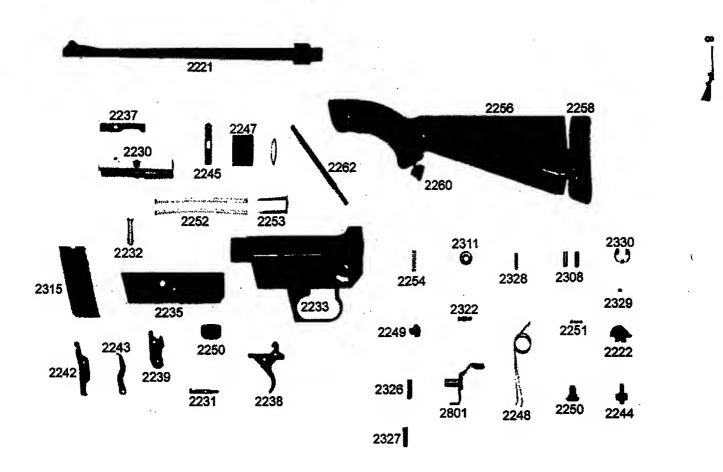
WARNING

We have strived to give you the safest AR-7 Manual possible! Please be advised however, that the entity performing any operations assumes all risk associated, including any legal responsibilities concerning devices or instructions detailed in this manual.

This manual is Presented for Your Enjoyment, Information, Educational, or Investment Purposes Only.

The purchase or ownership of this manual constitutes a release of M&M ENGINEERING's responsibility for injuries, property damage, or legalities incurred. Due to the wide variations in the operations detailed here and the testing procedures used in this manual, it would clearly be impossible to maintain control over any operations detailed, or their use.

Therefore M&M ENGINEERING nor the AUTHOR cannot and Will not accept any responsibility for any instructions, devices or modifications as detailed in this manual.

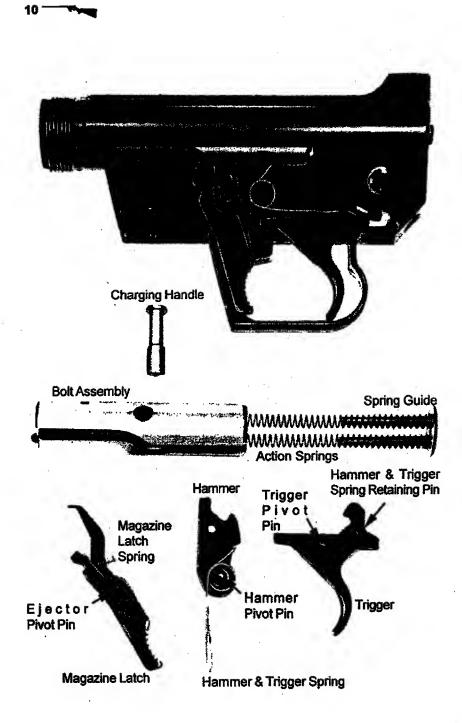


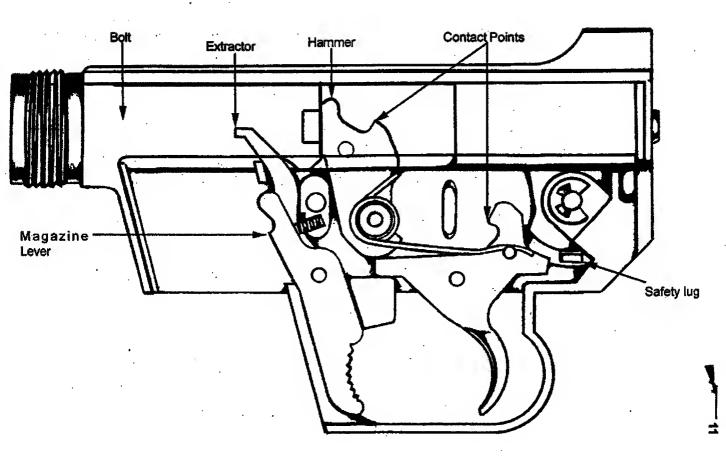


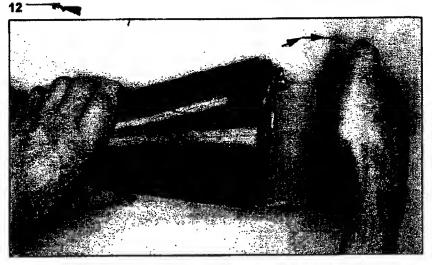
NOMENCLATURE

PLEASE USE PART NUMBERS & NAME WHEN ORDERING REPLACEMENTS

UEL POCIMEIALO	
252	Action Spring
253 A	ction Spring Guide
221	Barrel
247	Barrel Nut
230	Bolt
232	Charging Handle
243	Ejector
308	_ Ejector Pivot Pin
231	Extractor
254	Extractor Spring
326	Extractor Roll Pin
237	Firing Pin
327	Firing Pin Roll Pin
239	Hammer
	and Trigger Spring
322Hammer and Trigger S	Spring Support Pin
244	Hammer Pivot Pin
315	Magazine
251 Mag	azine Latch Spring
242	Magazine Latch
311 Re	ar Sight Press Nut
233	Receiver
235 R	leceiver Side Plate
250 Receive	r Side Plate Screw
329	Safety Ball Detent
330	Safety Snap Ring
301 Sat	ety Sub-Assembly
245	Rear Sight
249	Rear Sight Screw
222	Front Sight
256	Stock
262 Stock	Take Down Screw
	e Down Screw Nut
328 Stock Take Down	Screw Nut Roll Pin
258	_ Stock Butt-Cap
238	Trigger
308	_ Trigger Pivot Pin

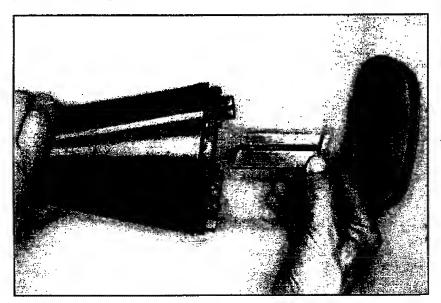


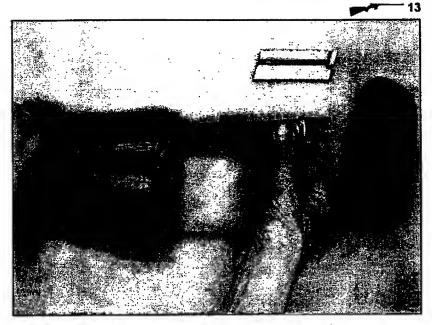




With the Stock in your left hand, grasp the butt cap with your thumb on the serrated grip and pull cap from the stock.

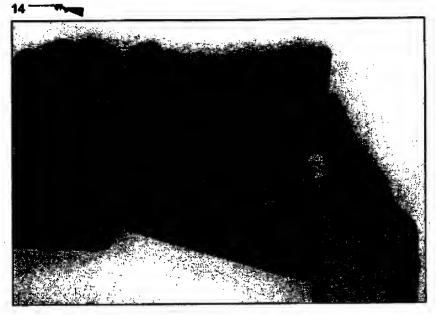
Withdraw the magazine.





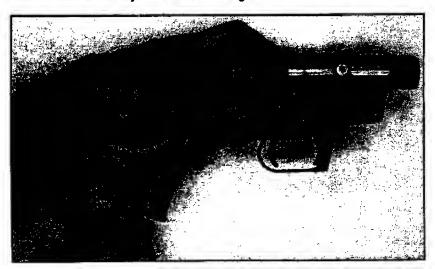
Withdraw the barrel assembly.

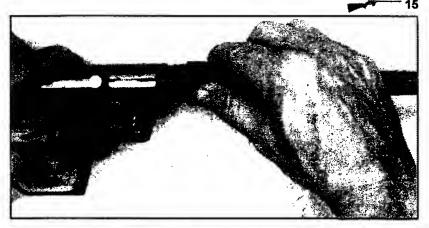
Withdraw the receiver assembly.



Begin assembly by snapping on butt cap.

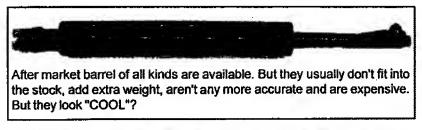
Place receiver into position and turn the take down screw clockwise onto butt stock. Periodically check screw for tightness.



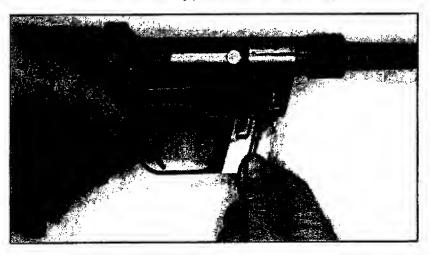


Align barrel lug with the cut in the receiver and screw the barrel nut clockwise onto the receiver threads.

Check function of bolt by drawing charging handle all the way and rechecking barrel nut for tightness. Periodically check for tightness of barrel nut.



Install the empty magazine and check that the magazine lock holds magazine in receiver. Follow all safety procedures before loading.



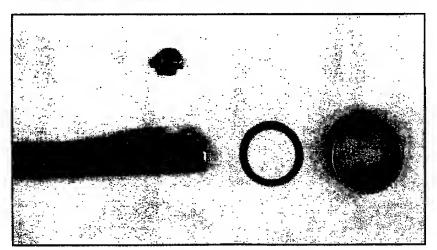


BARREL DISASSEMBLY



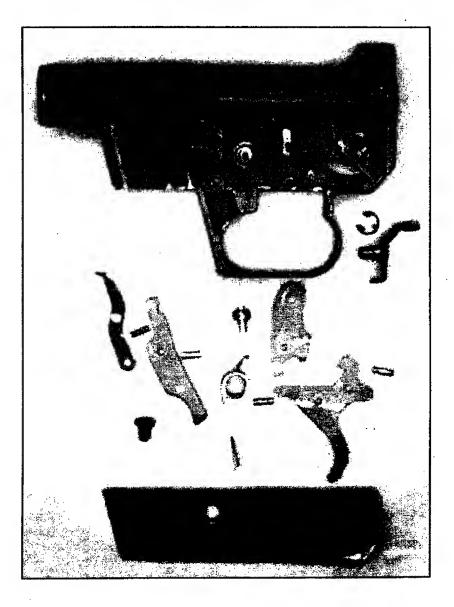
To disassembly the barrel. Use a drift punch to push the front sight from right to left, as shown. Instal from left to right

With the front sight removed you can slip the barrel nut off. Remove the barrel nut washer. Clean and inspect for cracks, wear, or damage. Oil lightly and reassemble in reverse.



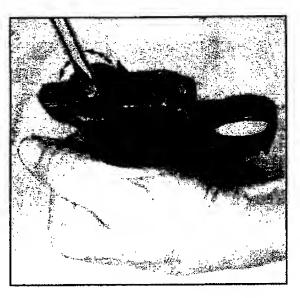


RECEIVER DISASSEMBLY



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Begin receiver disassembly by removing the rear sight screw counter clockwise, and remove the rear sight.



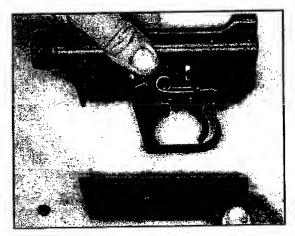


Make sure that the rear sight is bowed outward in the center so that the rear sight screw compress the rear sight against the receiver during assembly. Do Not remove rear sight press nut.

Remove the receiver cover by unscrewing the cover screw counter clockwise.

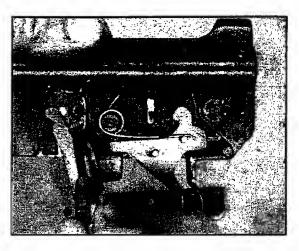
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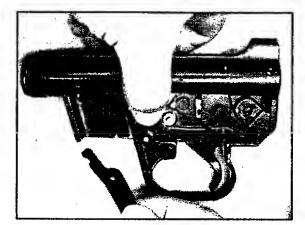
Lift off the receiver cover carefully so as not to dislodge the internal parts.



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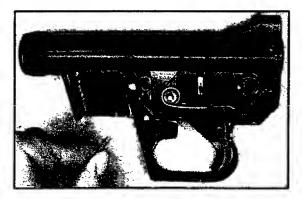
Examine the magazine lever spring. It will fly out and may become lost if not contained.





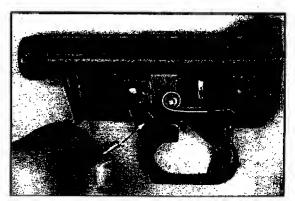
With your thumb over the magazine lever spring, slip the magazine lever from it's pin.





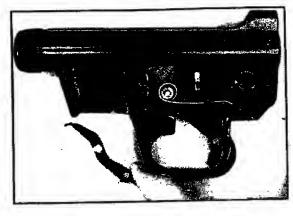
With the pressure removed from the magazine spring by the removal of the magazine lever, the spring is lifted from it's cut in the receiver.

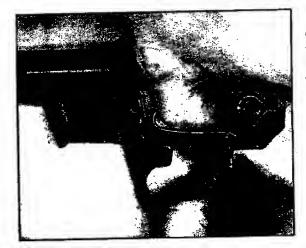
Remove the magazine & ejector pin front the receiver. The magazine lever pin is slightly shorter them the trigger pin and are not interchangeable.





Lift the extractor from the receiver. Carefully examine the extractor for cracks or deformation.





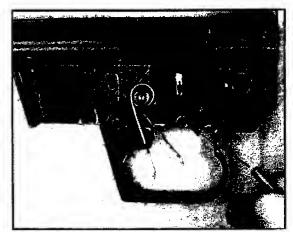
Gripping the rear of the receiver with your left hand as shown, with your thumb on the hammer catch of the trigger and your right thumb on the trigger paw, draw up from the trigger pin, being careful not to loose the hammer & trigger spring support pin.





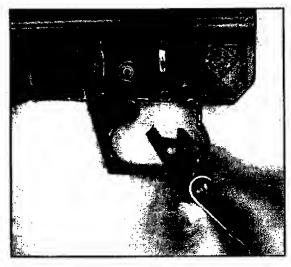
Remove the hammer & trigger spring support pin front the trigger.

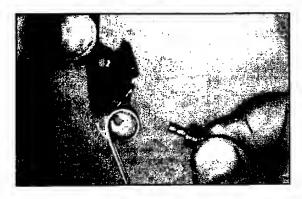
Remove the trigger pin from the receiver. The Magazine lever pin is slightly shorter then the trigger pin and are not interchangeable.



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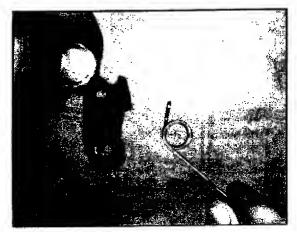
Lift the hammer with it's hammer pivot pin, hammer & trigger spring from the receiver.



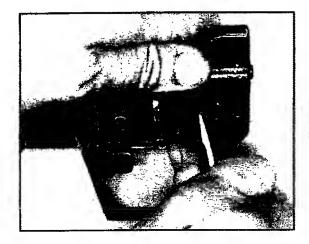


Now lift the hammer pivot pin from the hammer.

And remove the hammer & trigger spring from the hammer.

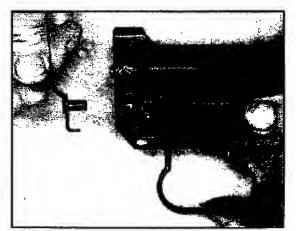






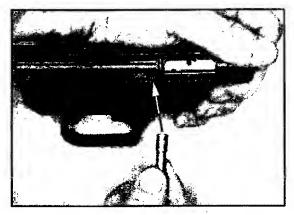
Using a straight bladed screwdriver remove the safety snap ring.

Flip the receiver over on the right side and lift out the safety lever. You should not remove the safety ball detent.





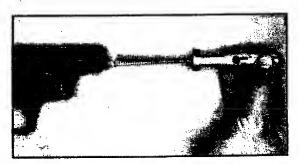
Using your left index finger push the face of the bolt in to ailing the charging handle with it's larger opening in the charging handle slot in the receiver and slide the charging handle out. Release your finger slowly.



ASSEMBLY TIP:

When installing the bolt into the rifle the action spring guide should be placed onto the action springs, and the springs inserted into the bolt. Holding the bolt down with the springs up, slide the receiver over the action spring guide, springs and bolt, making sure they slide straight into the bolt and that the springs don't kink.

Gradually release pressure from the bolt and withdraw from the receiver.



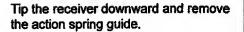
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Remove the action springs from the bolt

ASSEMBLY TIP:

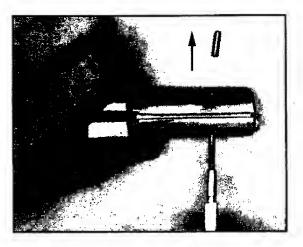
Lightly lubricate the action spring guide, springs and the bolt to ensure free movement of the bolt during recoil. Do not use to much oil as it will promote sluggish bolt operation. Thoroughly clean the receiver and lightly lubricate all surfaces.

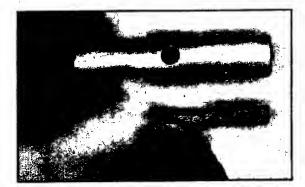




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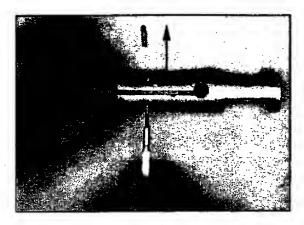
Using a drift, drive out the firing pin roll pin from right to left. Assembly in reverse.



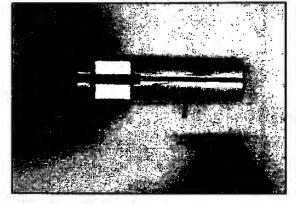


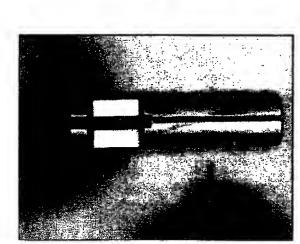
Lift the firing pin from the bolt. During assembly, check for free movement of the firing pin.





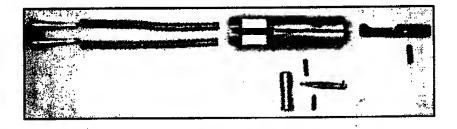
Using a drift, drive out the extractor roll pin from the bolt, top to bottom. Assembly in reverse. The firing pin roll pin and the extractor roll pin are interchangeable.





Lift out the extractor spring form the bolt.

Lift out the extractor from the bolt. Being careful not to loose the extractor spring. The individual; parts should be thoroughly cleaned and inspected for wear, cracks, bent or weak springs, loose pins and bent or sticking parts. Reassemble in reverse order. Your bolt will not look exactly like the one pictured here. This bolt has been lightened to shoot subsonic ammunition reliably.



The lower pressures experienced with subsonic ammunition will not produce the energy required to recoil the bolt sufficiently to function the AR-7 semiautomatically. Experience has shown that reducing the recoil spring wire diameter, number of coils or the alloy to allow the lower pressure ammunition to recoil the bolt sufficiently to eject the spent cartridge will not possess the required energy to strip a fresh cartridge from the magazine and fully chamber the cartridge. Therefore, the only alternative available is to reduce the mass weight of the bolt. Experienced machinist can manufacture a new bolt from a Hardenable grade of aluminum. 6061 is the least expense and most versatile aluminum alloy. It has a very high resistance to corrosion and can be machined by all common methods. 5052 is the highest in strength, easily machined and fully heat-tractable. It's fatigue strength/ duration is higher then any other aluminum alloy and has exceptionally high resistances to chemically corrosive agents.

The reduction of weight need go no further than removal of mass weight from non-stressed areas of the factory bolt. A bolt weight reduction will reduce the required recoil forces needed to operate semiautomatically. It would be inadvisable to fire standard ammunition with a low weight bolt as detailed here, the recoil forces would drive the bolt against the action spring guide at or beyond it's designed stress limits. Breakage of the firearm, it's parts, personal injury or damage may result.

But the reduction of the sound signature is so dramatically reduced when using subsonic ammunition that it is a "give and take" trade off that shouldn't be over looked. It would be wise to investigate the sound signature produced without bolt modifications by using standard subsonic ammunition before machine work on the bolt begins. The sound reduction using standard subsonic ammunition is, as said before, dramatic. Please check and comply with any and all laws prior to modification of any firearm.

HOW .22 LONG RIFLE BULLETS TRAVEL DROP IN INCHES

This cartridge is intended for use against small to medium game and economical target practice.

125

100

75

50

25

22 HYPER VELOCITY .45 gr.

22 HIGH VELOCITY 40 gr.

CARTRIDGE, .22 Long Rifle Only, in Hyper Velocity or High Velocity.

150

200

175

It is suggested that you do not load .22 Long or .22 Short or any other type of .22 caliber cartridge into the magazine or into the chamber. Poor feeding could cause property damage and or personal injury.

	LENGTH	1 in.
	PRIMER	Rim fired percussion
	PROPELLENT TYPE	
	PROPELLANT WEIGHT	1.5 grains
22 SUBSONIC .38 gr.	BULLET WEIGHT	38 grains
N N	BULLET DIA.	.2225
SO	BULLET PROFILE	R.N.
SUE	VELOCITY	1400 fps
8	EFFECTIVE RANGE	200 yards
	RANGE	
	1 1/2 mile	

Storage

Check function by dry firing without ammunition.

TEST FIRING

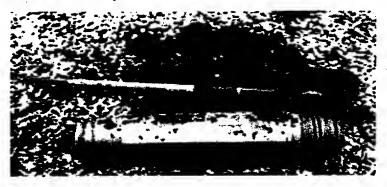
With the safety on.

Place 1 cartridges into the magazine, insert the magazine, chamber the cartridge. Aim the firearm in a safe direction, place the safety on fire position and depress the trigger, the cartridge should fire. Repeat as necessary.

IF IN DOUBT

Have the firearm checked by a competent, Federally licensed gunsmith.

Anytime you put away your AR-7 it should cleaned and coated with a thin layer of gun oil. Long term storage (which I will consider over 1 year), should be preserved with a through cleaning followed by a thick coating of 80 weight (+or-) gear oil as used in automobile rear ends and manual transmissions. If underground burial is intended a suitable tube can be manufactured from 6" PVC plumbing pipe with end caps. Or use the military surplus sonar buoy shown below for under ground use, with 4 1/2 gallons of gear oil. Everything will be like new! Put the pistol/rifle, some ammo (SEALED SEPARATELY), clips and fill it up to the top with gear oil. Then use a whole tube of silicon sealer around the screw on cap.



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SMITH & WESSON PISTOLS	5084
RUGER PISTOLS	5085
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WINCHESTER M-63-22LR	5087
M-1 CARBINE	5088
CALICO M-100	5089
AR-7 SURVIVAL RIFLE	
RUGER 10/22 RIFLE	5091
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